

Psychosocial Rehabilitation Intake Supplement

Client Name: _____

Assessor: _____

Intake Date: _____

Define any areas where support is needed and the extent:

Social support. Developing friendships, interpersonal skills, relapse prevention, trauma care, anger management, etc.:

Community. Pursuit of creative interests, reading, exercise, faith-based pursuits, rehabilitation, counseling, recovery and psychiatric needs as they pertain to school and work as well.

Autonomy. This includes the ability to manage stress, unexpected events and disruptions, mental health symptoms, relapse triggers and cravings as well as ability to manage free time, recreational interests and transportation navigation to support oneself:

Health. Developing constructive and comfortable interactions with health-care professionals, relapse prevention planning; managing chronic medical conditions, mental health symptoms and medications; establishing good health routines and practices:

Social Skills. Engaging with people respectfully, appropriate eye contact, conversation skills, listening skills and advocacy skills:

Wellness. Meal planning, healthy shopping and meal preparation, nutrition awareness, exercise options:

Personal care. Grooming, sustaining living environment, managing finances and other independent living skills:

Rehabilitation counseling. Including recovery activities, interventions and support necessary for the individual to implement learned skills so the person can remain in a natural community Location. Assisting the individual with effectively learning adaptive behaviors responding to or avoiding identified precursors such as cravings or triggers that result in relapse or functional impairments: