

Empowerment Peer Support Services Intake Supplement

Client Name: _____

Assessor: _____

Intake Date: _____

Identify any areas where support is needed:

1. Advocacy:

- Assistance seeking and obtaining benefits and entitlements, food, shelter, permanent housing _____
- Assisting recipients in participating in shared decision making (e.g. MyPSYCKES) _____
- Linkage to and systems navigation within behavioral health and allied human services. Systems to access appropriate care (e.g. Peer Bridgers) _____
- Benefits advisement and planning _____
- Development of psychiatric advance directives (PAD) _____
- Assistance advocating for self-directed services _____

2. Outreach and Engagement:

- Companionship and modeling of recovery lifestyle, including participation in recovery activities that might be beyond the scope of treatment providers (e.g., eating together at a restaurant, attending or participating in a sporting event, attending a social event such as a concert or recovery celebration event) _____
- Raising the awareness of existing services, pathways to recovery and helping a person to remove barriers that exist for access to them _____
- Interim visits with individuals after discharge from Hospital Emergency Rooms, Detox Units or Inpatient Psychiatric Units to facilitate community tenure and increased readiness while waiting for the first post-discharge visit with a community-based mental health provider, treatment provider or appropriate system of care _____

3. Self-help tools:

- Assist selecting and utilizing self-directed recovery tools such as Relapse Prevention Planning _____
- Assist selecting and utilizing the things that bring a sense of passion, purpose and meaning into his/her life and coaching the person as they identify barriers to engaging in these activities _____
- Assist individuals to help connect to natural supports that enhance the quality and security of life _____
- Connecting individuals to “warm lines” _____
- Connections to self-help groups in the community _____

4. Recovery Supports:

- Recovery education and coaching for individuals and their family members
- One to one peer support _____
- Person centered goal planning that incorporates life areas such as community connectedness, physical wellness, spirituality, employment, self-help _____
- Assisting with skills development that guides people towards a more independent life _____

5. Transitional Supports:

- Bridging from Jail or prison to an individual's home _____
- Bridging from institutions to an individual's home _____
- Bridging from general hospitals to an individual's home _____
- Bridging from an individual's home to the community _____

6. Pre-crisis and Crisis Supports:

- Providing companionship when an individuals in an emergency room or crisis unit or preparing to be admitted to detox, residential or other service to deal with crisis _____
- Providing peer support in the individual's home or in the community to support them before (or in) a crisis or relapse _____
- Developing crisis diversion plans or relapse prevention plans _____