

Family Support and Training (FST) Intake Supplement

Client Name: _____

Assessor: _____

Intake Date: _____

Identify any areas where support is needed:

1. Training family or important others (family) on treatment regimens including elements such as: recovery support options, recovery concepts and medication education and use of equipment _____
2. Assisting the family to provide a safe and supportive environment in the home and community for the individual (e.g., coping with various behavior challenges, understanding substance use disorder, psychotherapy, and behavioral interventions) _____
3. Facilitate family and friends support groups under the direction of a certified peer _____
4. Provide family mediation and conflict resolution services _____
5. Development and enhancement of the family's specific problem-solving skills, coping mechanisms, and strategies for the individual's symptom/behavior management and prevention of relapse _____
6. Collaboration with the family and caregivers in order to develop positive interventions to address specific presenting issues and to develop and sustain healthy, stable relationships among all caregivers, including family members, in order to support the participant's recovery _____
7. Assisting the family in the acquisition of knowledge and skills necessary to understand and address the specific needs of the Medicaid eligible individual in relation to their substance use disorder/mental illness and treatment _____
8. Provide family with training/workshops on topics including recovery orientation and advocacy, psycho-education, person-centeredness, recovery orientation, trauma, psychosocial rehabilitation, crisis intervention and related tools and skills such as Individual recovery plans, WRAP, self-care, emotional validation, communication skills, boundaries, emotional regulation, relapse prevention, violence prevention and suicide _____
9. Assisting the family in understanding various requirements of the waiver process, such as the individual service plan, crisis/safety plan and plan of care process; training on understanding the individual's diagnoses; understanding service options offered by service providers; and assisting with understanding policies, procedures and regulations that impact the individual with substance use disorder/mental illness concerns while living in the community _____

10. Training on community integration and self-advocacy _____

11. Training on behavioral intervention strategies (e.g., communication skills, relapse prevention, violence and suicide prevention, etc.) _____

12. Training on mental health conditions, services and supports including providing benefits and entitlements counseling and providing skills and knowledge to parents with mental illness and SUD on issues such as problems with Criminal Justice stakeholders, Child Protective Services, Housing entities, etc. Training and technical assistance on caring for medically fragile individuals including those with severe substance use disorder/ mental illness and chronic medical conditions _____